



chapter 16

Lunch Menu

2 courses €19.95*

*starter & main course, supplements may apply

starters

soup of the day

a choice of our vegetable soup or chef's special of the day

② ⑦ ⑩ ⑪ V GF

goat's cheese & beetroot salad

pistachio crusted goat's cheese on a bed of rocket & beetroot salad, toasted brioche

② ⑤ ⑦ ⑩ V GF

cajun chicken caesar

cajun spiced crispy chicken, bacon lardons, croutons, baby gem, aged parmesan, house caesar dressing

② ⑤ ⑦ ⑩

silken hot 'n' spicy wings

blue cheese dip & celery batons

② ⑥ ⑩ ⑪ GF

potted crab

crab meat dressed with a citrus & chive mayo, avocado mousse & toasted bread

③ ⑦ ⑩

garlic mushrooms

golden crumbed mushrooms & garlic aioli

⑥ ⑦ ⑩

homemade free-range chicken liver paté

toasted bread & cumberland sauce

② ④

steaks

6oz centre-cut fillet (+€6)

8oz centre-cut fillet (+€9)

10oz prime Irish sirloin (+€6)

12oz prime Irish ribeye (+€9)

all steaks are cooked to order, accompanied with house fries, grilled tomato, french fried onions GF, sautéed mushrooms & a choice of bearnaise ⑥, peppercorn GF, mushroom sauce or garlic butter

surf your turf with succulent prawns, add extra €5 ⑫

all our beef is 100% of irish origin

please allow 25 mins for well done steaks, & certain dishes, as they are cooked fresh to order.

we take every effort to use locally sourced produce & suppliers

Our dry aged beef... we source all our fillet, sirloin & ribeye steak from local Irish craft butchers. They understand the level of quality & consistency that our customers demand.

fish

pan-fried fillet of seabass

fillets of seabass, saute potatoes, tenderstem broccoli, asparagus spears, with a tomato & pancetta sauce
(5)(9)

pan-fried irish salmon

fresh Irish salmon, spiced potatoes, buttered greens, red grape sauce, crisp kale
(2)(9)GF

fresh fillet of cod

pan-fried fillet of fresh cod, green beans, asparagus, warmed quinoa, fennel purée with a chorizo cream
(2)(9)GF

beer battered cod fillet

crisp beer battered fish, mushy peas, fries & tartare sauce
(2)(6)(9)(10)GF

main courses

supreme of chicken

baked supreme on a bed of mushroom orzo, bacon & parmesan bon-bon, roasted red onion & red wine jus
(2)(6)(10)

roast top rib of beef

traditional gravy, horseradish cream, vegetables & creamed potato
(2)GF

oven fired lasagne

layers of pasta, bechamel & beef ragu with a house salad & fries
(2)(6)(7)(10)

thai green vegetable curry

spiced thai green vegetable curry, naan bread & our special fried rice
(6)(7)(8)(10) add chicken or prawns(12)

silken 8oz tower burger

served on a brioche bun with lettuce, beef tomato, bacon, cheese & onion rings
(2)(6)(7)(10)

spaghetti carbonara

traditional creamy carbonara sauce with pancetta & parmesan cheese, add chicken
(2)(6)(9)

vegetables & sides

french fried onion rings - fries

mixed side salad - creamed potato

chef's selection of vegetables

baby boiled potatoes

*Please note that all our main courses are served with a complete garnish.
As a table you can select a side each to compliment your meal,
or go with the recommendation of your server. (which is always good)
All extra sides are €2.50*

GF gluten free

V vegetarian

① peanuts

② dairy

③ shellfish

④ sulphites

⑤ tree nuts

⑥ eggs

⑦ soy

⑧ sesame

⑨ fish

⑩ mustard

⑪ celery

⑫ molluscs

⑬ lupins

please be aware that some of our dishes contain allergens. kindly ask your server for a list of items if required, thank you



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desserts

selection of ice-cream

vanilla, chocolate, strawberry or mint chocolate

homemade apple pie

fresh cream & custard

death by chocolate

a silken classic with fresh cream

banoffi pie

individual homemade pie, with banana & caramel

fruit meringue

a tower of fresh fruit, crisp meringue & fresh cream

tiramisu

traditional homemade italian favourite

sticky toffee pudding

toffee sauce & vanilla ice-cream

liqueur coffees

irish coffee	5.95
kalypso coffee	5.95
brandy coffee	5.95
baileys coffee	5.95

teas / coffees

coffee	2.50	cappuccino	2.95
latte	2.95	hot chocolate	2.95
mocha	2.95	espresso	2.50
double espresso	2.95	pot of tea <i>(for one)</i>	2.20
speciality tea - large selection available			2.95